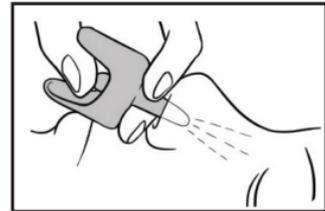
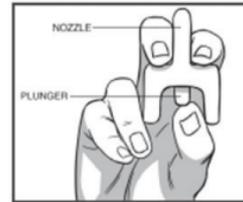


# How to Use Naloxone

1. Remove nasal spray from box
2. Open the packaging
3. Hold the nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle
4. Insert the tip of the nozzle in either nostril
5. Press the plunger firmly to give the dose
6. If no reaction in 2-3 minutes or person stops breathing again, give second dose in OTHER nostril using a new device



**Stay with the person. Naloxone loses its effect in 30 - 60 minutes and the symptoms may return.**

**The combination of you and naloxone can help save lives in our community.**

# How to Respond to an Overdose

## What does an overdose look like?

Loss of consciousness  
Shallow/no breathing or gurgling sound  
Pale/blue cold skin  
Small or pinpoint pupils  
**NO response to stimulation**  
(source: CDC.gov)

## What if someone is experiencing an overdose?

1. Ask **LOUDLY**, "Are you ok?"
2. Perform a sternum rub
3. Check for signs of breathing
4. Administer naloxone
5. Call 9-1-1 immediately after administering naloxone
6. Perform CPR until professional help arrives

## Always Call 9-1-1 after administering naloxone

Individuals who have overdosed are being left to die because those around them are afraid to call for help.

The Good Samaritan law provides immunity from arrest when a person calls 9-1-1 for assistance with an overdose.

For more information visit [NaloxoneAZ.com](http://NaloxoneAZ.com).

## #SaveaLife

Arizona has a Good Samaritan law that provides immunity from arrest when a person calls 9-1-1 for assistance with an overdose.

If you believe someone is experiencing an overdose call 9-1-1 immediately.



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